





# Rowing at Headington



Headington School Oxford Boat Club (HSOBC) is a performance club with a recreational facility for younger members.





#### **Boathouse and Gym**

Headington's new boathouse will open in September 2023 with direct access to the River Thames.

The eight-acre site, at Maddy Moorings, Long Wittenham, will provide the Boat Club with 300m of river frontage and 5km of uncongested water. As well as the boat bay, rowers will benefit from a gym, ergo room and crew room. Dry training takes place at the state-of-the-art fitness centre in Headington with fully-equipped gym, ergo room and spin studio. This will be one of the largest boathouses for a girls' school in the country.

**HSOB**C



130 rowers taking part per annum

The Boat Club has produced:

120 GB rowers over the last 20 years 2 Olympians1 Paralympian

#### **Achievements include:**

Inaugural winner of Junior Women's Eights (Prince Phillip Challenge Trophy) at Henley Royal Regatta in 2021

Only school and club to qualify for every Henley Royal Regatta since junior women's crews were introduced in 2012



11x winner of

Championship Girls' Eights at National Schools' Regatta



6x

Junior Women's Eights winners (Peabody Cup) at Henley Women's Regatta

## Training and coaching

**Age 11** 2 sessions per week

Age 12 3 sessions per week

Age 13 4 sessions per week

Age 14+ 5 days per week

**Age 15+** 6 days per week

Training takes place at the river and in the gym with regular overseas training camps. The coaching team of nine ex-internationals and professional coaches with extensive experience is led by two GB standard coaches.



Rowing at Headington has had an enormous impact on my life, including a full athletic scholarship in the USA, lifelong friendships, travelling the world and becoming a member of the GB Women's team.

Fiona Gammond, GB Women's Eights at Tokyo 2020 Olympics – Headingtonian 2011





#### **Athlete Scholars**

Headington is an academically-selective school set in inspirational Oxford with a diverse international intake, offering GCSE and A Level programmes. High proportions of girls achieve places at Russell Group universities each year and the School is consistently among the top 100 schools in the UK in terms of exam results. Boat club members come from the USA, Europe, Australia, South Africa and the UK, among others.

#### **Beyond Headington**

Since 2011, HSOBC graduates have won 14 places in US universities, nine of which were full scholarships. Five secured places at Ivy League schools. Two were Boat Captains at Yale. Twenty-one achieved places at Oxbridge since 1995. Eleven have raced in the Oxford / Cambridge Boat Race

### Scholarships and Athlete Development **Programme**

**Exceptional** candidates at 11+ and 13+ can apply for our sports scholarship programme.

This programme recognises excellence and allows pupils to access a range of enrichment and extension activities through our Athlete Development Programme but does not provide assistance with fees.

For 16+ entry, we welcome applications for the Broadhurst Collins Rowing Award.

This is worth 10 per cent of tuition fees, means-tested up to 100 per cent of tuition fees for UK candidates.



#### How to apply

Get in touch with our friendly admissions team via admissions@headington.org or call 01865 759870 and they will talk you through the admissions process. Please do also let our Rowing team know your daughter is interested in rowing by emailing Performance Director and Head Rowing Coach rdemaine@headington.org

and Head of Rowing chermes@headington.org

www.headington.org





